

PBA:

- 3 Career Titles
- 2007-08 PBA Rookie of the Year
- 1st person to ever bowl a televised 300 game in the
- Dido Japan Cup 2009 for \$100,000
- Holds 5 PBA Records:
- 5 Championship Round Appearances as a Rookie (Advancing from TQR's)
- 7 game scoring record (1883 pins, 269.0 ave.)
- Rookie Earnings (\$83,811)
- Most times advancing though TQR (12)
- Most match play appearances from TQR's (9)

Team USA:

- 2 time member of Jr. Team USA (2001, 2002)
- 7 time member of Team USA (2004-current)
- Won 27 medals in International competition
- 11 Medal's in Men's World Championships
- 3 Team Gold's (Only person to ever accomplish this)

- 2 Golds in 2007 Pan-American Games

College:

- 2 Time All-American at the University of Kansas
- Member of the 2004 National Champion Team (Voted Tournament MVP)